



Buddhist Counseling Certificate Requirements: 18 units

Students complete a total of six courses with a minimum cumulative GPA of 3.0.

Core Curriculum: 9 units required.

PSYCH 503 should be taken at the start of the program.

Courses

PSYCH 503 Fundamentals of Buddhist Psychology

PSYCH 505 Multicultural/Buddhist Community Mental Health

PSYCH 617 Application of Mindfulness in Western Psychotherapy

Electives: 9 units required. Students select three elective courses.

Courses

CONT 510 Death and Dying

CONT 520 Topics in Contemplative Practice

MDIV 645 Spiritual Care & Counseling

MDIV 670 Spiritual Leadership

PSYCH 551 Theories II: Buddhist-Inspired Evidence-Based Practice

PSYCH 614 Religion & Psychology Seminar

PSYCH 651 Buddhist Psychology & Addiction

REL 521 Buddhist Meditation Practicum

REL 530 Topics in Buddhist Meditation

REL 511 Theravada Abhidhamma